

## Elections NCS representatives 2020 ESC Board Committee for Young Cardiovascular Professionals



### 1. Your identity

Title : Mrs.

Family name(s) : López-Lluva

First name(s) : María Thiscal

Institute/Organisation: University General  
Hospital of Ciudad Real

City: Ciudad Real

Country: Spain

Profession: Doctor

Position: Interventional Cardiologist

### 2. General Curriculum Vitae (300 words maximum)

MD, PhD. Interventional cardiologist at the University General Hospital of Ciudad Real, Spain. Post Graduate Degree in Research Methodology in Health Sciences, Acute Cardiac Care, Cardiovascular Prevention and Cardiac Rehabilitation, Hemodynamics and Interventionism, Current Approach to structural heart disease and Forensic Judicial Medicine and Damage Assessment. Collaborator Scientist at Carlos III National Cardiovascular Research Center. Best Junior's Doctors Curriculum Vitae.

**3. Previous experience(s) in your National Cardiac Society and in ESC (300 words maximum)**

*(please provide details on the position, where, the years of mandate)*

**First and current Representative of Young Cardiologist of the Spanish Society of Cardiology. ESC Professional Member. EAPCI Regular Membership.**

**4. Are you a Board or a Nucleus member of any other scientific association?**Yes No 

*(If you answered yes, please provide details)*

Type here

**5. Why are you interested in joining the ESC Board Committee for Young Cardiovascular Professionals and what would you like to achieve if you were elected? (300 words max)**

My personal motivations to apply for the position are mainly to help and encourage this community. As Representative of Young Cardiologist in the Spanish Society of Cardiology Board, I have been working in creating a highly motivated, enthusiastic and hard-working group in order to achieve the following objectives: 1) Give visibility to this Group, 2) Channel its demands, 3) Detect and manage their particular problems, 4) Defend their professional interests, 5) Promote the developing of transversal key competences, 6) Implement specific training fellowship programs, 7) Enhance their

presence in courses, symposiums, conferences and committees, 8) Support and promote scientific projects, 9) Organize meetings and congresses for the young cardiologists, 10) Encourage networking and 11) Lead volunteer actions and community activities in the field of cardiovascular health and disease. I believe this experience can be applied to similarly expand the reach of the ESC Board Committee for Young Cardiovascular Professionals. Undoubtedly, it will be a great opportunity to strengthen ties between both Societies.

**6. How will you balance your work commitments with your commitments to the ESC Board Committee for Young Cardiovascular Professionals? (300 words max)**

**To be honest it will not be easy, as I am deeply involved in plenty of projects. Nevertheless, I am aware that great achievement is always born of great sacrifice. On the other hand, I consider myself as a very organized, responsible and constant persons, skills that from my point of view are mandatory if you intend to get compromised in multiple projects. "Plan your work and work your plan", that is a motto I live by.**